

**After Completion of
Endodontic Treatment**

- You may eat and drink as soon the numbness wears off. There are no dietary restraints, however, do not bite or chew on your endodontically treated tooth until the final restoration has been placed by your dentist. Continue brushing and cleaning your tooth as usual.
- Your tooth currently has a temporary restoration. Please return to your dentist to have a permanent restoration placed as soon as possible. We recommend that all back teeth receive full crown coverage. When should this be done... as soon as possible!
A delay in permanently restoring your tooth increases the chance of fractures and/or reinfection of the root canal due to leakage. This can result in the need for retreatment, surgery or extraction.
- Expect your tooth to be sore to touch or pressure following treatment. These symptoms usually begin to subside after 1 week but can last for several months. Anti-inflammatory medications will help to diminish and shorten these symptoms.
- We recommend over-the-counter Ibuprofen (Motrin, Advil) to prevent or alleviate any discomfort:
Minimal Dosage 3 tablets (600mg) 3 times per day
It is strongly recommended to take the medicine even in the absence of symptoms for the initial 3 days following treatment.
In the event that you are prohibited from taking Ibuprofen, please take:
Tylenol Extra Strength 2 tablets (1000mg) 3 times per day
- For Moderate Discomfort take Ibuprofen:
Maximum Dosage 4 tablets (800mg) every 6 hours
- For Moderate-Severe Discomfort alternate between 4 tablets (800mg) of Ibuprofen and 2 tablets (1000mg) of Extra Strength Tylenol – one or the other every 3 hours
- If you experience itching or hives after taking any medication, discontinue use and notify the office. If you should experience swelling, fever or discomfort which is not alleviated by medication, please contact our office.
- The office phone number below forwards to Dr. Brown's cell phone in the event of an after hours emergency.